



Biedrība "RĪGAS U-ŠU UN AUSTRUMCĪŅU SPORTA CENTRS"

Reģistrācijas Nr. 40008297888

Faktiskā un Juridiskā adrese:

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INTERNAL PROCEDURES AND SECURITY RULES

Rīga

August 4, 2021

No. 2/2021

1. General issues

1.1. Internal Rules and Safety Regulations (hereinafter - the Regulations) of the Association "RIGA WUSHU AND MARTIAL ARTS SPORTS CENTER" (hereinafter - the Association).

1.2. A person or legal representative who signs the "Consent to the Rules of Internal Order and Security No. 1/2020" becomes a Member (hereinafter - the Member) and becomes a member by paying the membership fee in accordance with article 6.

1.3. The Regulations determine the organization of the Association's training processes (hereinafter - Training).

1.4. The Regulations determine the rights and obligations of the staff of the Association, the Member of the Association. The safety norms included in the Regulations determine the actions that must be followed by absolutely everyone - the staff and visitors of the Association, so that the stay in the premises of the Association is safe and the risk of injuries during the training process is reduced to a minimum.

1.5. The Regulations are binding on everyone who is on the premises of the Association.

2. Organization of the training process

2.1. The Training Process of the Association is organized according to the developed and approved activity schedule.

2.2. The number of trainings per week for each group is determined according to the Training program.

2.3. The Association provides Members with regular classes: at least 2 times a week, 8 classes per month. A member may, at his or her request or at the request of the coach, due to the need to improve the results of competitions or demonstrations, attend training three, four or more times a week, with prior oral agreement.

2.4. The association provides qualified and certified coaches and instructors.

2.5. The association provides rooms and changing rooms suitable for training. Provides training materials.

2.6. The Association may postpone or cancel trainings due to National Holidays and other reasons. Members are notified of changes in the training schedule as early as possible.

3. Rights and obligations of members

3.1. To master the intended training material under the guidance of a qualified coach.

3.2. To master the intended training material in a safe environment that ensures the protection of the learner's health and life.

3.3. Use the Association's premises and equipment in the training process.

3.4. Express your opinion and recommendations regarding the organization of the training

process.

3.5. To receive the coach's support and protection in case the learner's rights are violated or his / her honor and dignity is violated.

3.6. To observe the internal rules and security regulations of the Association.

3.7. Treat the Association's premises and equipment with care. In case of equipment damage or loss, inform the coach immediately.

3.8. If the premises or equipment of the Association are damaged or disappear as a result of the Member's intentional actions, the Member is obliged to cover the respective losses to the Association.

3.9. Do not disturb other Members in learning the training process.

3.10. Do not interfere with the coach in leading the training process.

3.11. To be solely personally responsible for one's own behavior, observance of etiquette and ethics in the Association's premises, training and relations with other Members and the Association's staff.

3.12. Attend trainings according to the training schedule.

3.13. Immediately state reasoned announcement about class delays and their reasons.

3.14. Arrive at the training only in the intended clothing and observe the requirements of personal hygiene.

3.15. Observe cleanliness and order in all premises of the Association.

3.16. To take care of one's health, life and safety in the premises of the Association and training classes, as well as not to endanger the health, life and safety of other Members and the staff of the Association in any way.

3.17. Represent the Association in competitions of various scales, according to the coach's instructions.

3.18. During the month, new Members must attend the introductory meeting of the Association to ensure quality cooperation in the future.

3.19. After three months of training, each Member from the age of 6 to 18 must purchase a passport from an athlete of the Latvian Sports Wushu Federation.

4. Members are strictly forbidden

4.1. Attend training classes in inappropriate clothing.

4.2. Attend training sessions with any type of jewelry, watches or other items that may interfere with full training work or work safety.

4.3. To touch the property of another learner without permission. The administration of the Association does not take any responsibility for the property of the Member left unattended on the premises of the Association.

4.4. It is strictly forbidden to use alcohol, smoke, use psychotropic, narcotic, or other intoxicating substances, carry, buy, sell gas cylinders, gas pistols, firearms and cold weapons in the entire territory of the Association.

4.5. Bring any food (including chewing gum), drinks (except water) for training.

4.6. Be in training rooms without a coach.

4.7. To enter the premises of the Association by bicycles, roller skates, skateboards, scooters, or any other type of vehicle.

5. Rights and obligations of the legal representatives of the member

5.1. The legal representatives of the member have the right to address the Association's administration or coaches both orally and in writing in order to find out the issues of interest to them.

5.2. The member's legal representatives are obliged to discuss these Terms with their child at home.

5.3. Keep track of your child's health and personal hygiene.

5.4. Ensure that the Member regularly attends training sessions.

5.5. To ensure that the Member does not bring valuable belongings to the Association's premises. If they are taken, however, ensure that Members do not leave them in the changing rooms, but

hand them over to the coach.

5.6. To cover the damage caused to the Association as a result of the intentional activities of the child to the premises or inventory of the Association.

5.7. Ensure that one of the adult family members accompanies the child to the training and waits after the training.

5.8. *The responsible person is obliged to submit to the Association a doctor's note about the Member's health condition, stating the Member's injuries and physiological features that could affect his condition during training.*

6. Membership fee

6.1. The Member or the Member's legal representative pays a monthly membership fee in the amount corresponding to the program of the respective group.

60 EUR - membership fee - popularization and promotion of physically active lifestyle, health and sports;

70 EUR - membership fee - popularization and promotion of physically active lifestyle, health and sports;

90 EUR - membership fee - acquisition and improvement of wushu and martial arts as sports, health, as well as achieving high sports results.

6.2. Payment must be made by transfer to the Association's bank details or in cash.

6.3. Payment for the next month must be made by the end of the current month for the following month.

7. Liability and consequences for non-compliance with the Terms

If the Member does not comply with the Terms, the administration of the Association shall issue a verbal or written warning to him. If the Terms are repeatedly violated, the administration of the Association is entitled to expel the Member from the Association.

8. Other provisions

8.1. If for some reason the Member wants to stop the sports training, it can be done by writing an application to the Association's administration for termination of training, sending it to the e-mail wushu@wushu.lv.

8.2. The Member or the Member's legal representative agrees that the data included in the Form of Consent to the Terms are processed and included in the Association's database.

8.3. The Member or the Member's legal representative agrees to receive the latest information and special offers to the specified e-mail and mobile phone.

8.4. The Member or the Member's legal representative agrees that the photos and video recordings taken at the Association's events, classes and competitions with the Member are included in www.wushu.lv, www.lwuf.lv and the Association's social networking pages.

Association "Riga wushu and Martial Arts Sports Center"

Chairman of the Board Roman Vlasenko

August 4, 2021